



UNIVERSITY OF
AUCKLAND
Waipapa Taumata Rau
NEW ZEALAND

CENTRE FOR CO-CREATED AGEING RESEARCH CCREATE-AGE

RESEARCH DEVELOPMENT GROUPS(RDGs) Q&A



OVERVIEW

- Purpose of CCREATE-AGE Research Development Group (RDG) funding
- Involving older people in co-creation
- Priorities for RDGs
- Membership of RDGs
- Expected outputs and outcomes
- Additional CCREATE-AGE support
- RDG example
- Sharing RDG ideas
- Q&A



PURPOSE OF RDG FUNDING

To support CCREATE-AGE in its vision to stimulate co-created ageing research, we will fund Research Development Groups (RDGs) up to \$10,000 per group to support a transdisciplinary group of people who are interested in **co-creating a research proposal**.

Research proposals should address a single research question or comprise a programme of research work related to **priorities identified by communities through our listening events**.

As a result of the award, the RDGs are expected to apply for at least one substantial research grant application or funding opportunity.



INVOLVEMENT

When older people and other stakeholders are actively involved in research. Activities or projects are carried out 'with' or 'by' older people and other stakeholders rather than 'to', 'about' or 'for' them.

ENGAGEMENT

When researchers interact with older people and other stakeholders for the mutual beneficial transfer of information and knowledge, technologies, methods or resources.

PARTICIPATION

When older people are recruited to take part in a project (e.g. undergoing physical tests, completing a questions, participating in focus groups).



PRIORITIES FOR RDGs

- Work income and retirement
- Ageism
- Health care access
- Community transport
- Maintaining independence in social activities
- Housing: alternative models, overcrowding or substandard
- Indigenous communities' connections : language, wider community, whānau and whenua
- Importance of Aged Care Facilities – healthcare
- Connecting with education & creativity – purpose
- Amenities and facilities
- Safety concerns (including of kaumātua and tamariki)
- Intergenerational relationships: support and strain
- Resilience
- Food & exercise
- Preventing memory loss
- Maintaining garden



MEMBERSHIP OF RDGs

The RDG should

- Include at least two experienced researchers at UoA
- Have a chair who will convene the RDG meetings, report progress and maintain communication with CCREATE-AGE project manager.
- Be transdisciplinary, which means:
 - Cover at least two academic disciplines;
 - Involve older people
 - Involve collaborators from at least one sector other than academia i.e., private, public or civic society. For example, practitioners, local council, and voluntary sector representatives and community groups with an interest in the research topic may be useful partners.



EXPECTED OUTPUTS & OUTCOMES

The expected outputs of the RDG will be:

- At least one co-created research proposal with an outcome that will benefit older people in Aotearoa.
- A public seminar at a CCREATE-AGE forum to describe the work of the RDG.
- Progress reports to CCREATE-AGE.

Information about the RDGs will be included on the CCREATE-AGE website.



ADDITIONAL CCREATE-AGE SUPPORT

All RDGs will receive an introduction session on the Principles of Co-creation.

RDGs can request research support through CCREATE-AGE including:

- A training session on the cycle of research with an introduction for RDG members who haven't been involved in research before.
- Research assistant support with organising and supporting meetings.
- Research assistant support with reviewing literature.
- Advice on proposal content from Senior Academics.



RDG EXAMPLE:

DEMENTIA FRIENDLY DOMESTIC SOUNDSCAPES

What will happen at each workshop?

Session 1: Topic: Introduction to research.

Session 2: Topic: The importance of sound in our lives.

Session 3: Topic: How could we capture sounds at home?

Session 4: Topic: Feedback on capturing sounds at home

Session 5: Topic: Acoustics and hearing with your ears and brain

Session 6: Topic: Feedback on capturing acoustics and hearing with your ears and brain

Session 7: Topic: Desirable and undesirable sounds at home

Session 8: Topic: What should we include in a research study on sounds at home for people living with dementia?



RDG IDEAS

Are there any similar ideas addressing priority areas that could be combined into one RDG?

Are there co-creators who would like to help develop the ideas for an RDG or join a RDG group?

